**TODAY'S MAINS:**

*Served with a vegetable and starch of the day*

- **Bruin Special: Butternut Squash Ravioli**  
  $11.95  
  brown butter & sage  
  **SF**

- **Barramundi Sea Bass**  
  $15.95  
  root vegetable coulis  
  **GF, SF**

- **Seared Chicken Breast**  
  $14.95  
  pancetta cream sauce  
  **GF, SF**

- **Beef Stew**  
  $15.95  
  potato, carrots, onions  
  **GF, DF, SF**

- **Cold Poached Salmon**  
  $13.95  
  rice salad, beets, cauliflower, arugula,  
  **GF, DF, SF**

**Starches:**
- **Brown Rice**  
  **GF, DF, SF**

**OR**
- **Garlic Roasted Potato**  
  **GF, DF, SF**

**Vegetables:**
- **Mixed Vegetables**  
  **GF, DF, SF**

**OR**
- **Braised Cabbage**  
  **GF, DF, SF**

**COMPOSED SALADS**

*Mix and Match Any Three*

- **Chicken Caesar Salad**  
  $11.95  
  grilled chicken breast, romaine lettuce, grated parmesan, croutons, and caesar dressing  
  (contains anchovies)  
  **SF**

- **Roasted Vegetable Salad**  
  $11.95  
  beets, parsnips, baby carrots, grapefruit segments, mixed greens, golden balsamic dressing  
  **GF, DF, SF**

- **Steak Salad**  
  $11.95  
  radicchio, arugula, heirloom tomato, red onion chickpeas, roasted pepper, goat cheese, chili-lemon dressing  
  **GF, SF**

**A LA CARTE ITEMS:**

**Sandwich Of The Day:**  
Mediterranean Chicken Wrap  
*hummus, cucumber, tomato, olives, feta, wheat tortilla*

**Soup Of The Day:**  
Yellow Split Pea  
$4 or $5  
**Chili:**  
Turkey Chili  
$3.75 or $4.75

**VEGETARIAN BAR ITEMS**

*Mix and match your choice of 3 items*

- **Vegetable Sope**  
  $10.95  
  zucchini, eggplant, mushroom, black beans, lettuce  
  **SF**

- **Spanish Rice**  
  $10.95  
  scallions & parsley  
  **GF, DF, SF**

- **Grilled Vegetables**  
  $10.95  
  **GF, DF, SF**