Tuesday, July 16, 2019

**TODAY’S MAINS:**
Served with a vegetable and starch of the day

**Bruin Special: Chicken And Bacon Penne Pasta** $11.95
spinach and tomatoes in garlic cream sauce

- Pan Seared Salmon $15.95
  roasted corn salsa
  SF, DF, GF

- Baked Duck Breast $14.95
  pomegranate glazed
  GF, DF

- Roasted Prime Rib $15.95
  w chives and au-jus
  DF, GF, SF

- Poached Salmon $13.95
couscous quinoa salad
  SF

**Starches:**

- Baked Potatoes
  GF, DF, SF
- OR
- Wild Rice
  GF, DF, SF

**Vegetables:**

- Roasted Brussels Sprouts
  GF, SF
- OR
- Cauliflower With Pesto
  GF, DF, SF

**COMPOSED SALADS**
Mix and Match Any Three

- **Couscous And Quinoa Salad** $11.95
  red bell peppers, pineapple, peas, pepitas, parsley, cherry tomatoes, feta cheese, and honey balsamic dressing
  SF, DF

- **Chicken And Avocado Salad** $11.95
  apples, dried cranberries, pecans, and lemon dressing
  GF, DF, SF

- **Chicken Caesar Salad** $11.95
  cherry tomatoes, parmesan cheese, and lemon dressing
  SF

**A LA CARTE ITEMS:**

**Sandwich Of The Day:**  Steak Torta
  avocado, aioli, grilled onion, roasted tomatoes and jack cheese

**Soup Of The Day:**  Roasted Tomatoes Basil Soup
  $4  or  $5

**Chili:**  Turkey Chilli Beans $3.75  or  $4.75

**VEGETARIAN BAR ITEMS**
Mix and match your choice of 3 items

- **Sweet Potatoes Stew** $10.95
  kidney beans, garbanzo, onion, cilantro, and avocado sauce
  DF, GF, SF

- **Paprika Rice** $10.95
  lentils, cilantro
  SF, DF, GF

- **Grilled Vegetables** $10.95
  GF, DF, SF