TODAY’S MAINS:
Served with a vegetable and starch of the day

Bruin Special: Linguine  $11.95
salmon, peas, lemon caper cream sauce
SF

Ling Cod  $15.95
citrus beurre blanc
GF, SF

Chicken Teriyaki  $14.95
sesame seeds
DF

Hungarian Paprika Beef Stew  $15.95
celery, carrots, onion
GF, DF, SF

Cold Poached Salmon  $13.95
farro, arugula, fennel, broccoli, carrots, walnuts, creamy cider dressing
GF, DF, SF

Starches:  Vegetables:
Rice Medley  OR
GF, DF, SF

OR
Paprika Potatoes  Mixed Vegetables
GF, DF, SF

COMPOSED SALADS
Mix and Match Any Three

Chicken Caesar Salad  $11.95
grilled chicken breast, romaine lettuce, grated parmesan, croutons, and caesar dressing
GF, DF, SF
(contains anchovies)

Farro Salad  $11.95
brussels, carrots, apples, fennel, walnuts, crumbled blue cheese, lemon basil dressing
SF

Deli Style Broccoli Salad  $11.95
steam broccoli, shredded carrot, bacon, grapes, red onion, creamy cider vinaigrette
GF, DF, SF

A LA CARTE ITEMS:

Sandwich Of The Day:  Lamb Meatball Sandwich
harissa marinara, feta cheese, mint, tzatziki

Soup Of The Day:  Coconut Curry Vegetable Soup
$4 or $5

Chili:  Turkey Chili  $3.75 or $4.75

VEGETARIAN BAR ITEMS
Mix and match your choice of 3 items

Lentils  $10.95
mixed vegetables
GF, DF, SF

Farro  $10.95
parsley & chickpeas
DF, SF

Grilled Vegetables  $10.95
GF, DF, SF