Wednesday, April 03, 2019

TODAY'S MAINS:
Served with a vegetable and starch of the day

Bruin Special: Pasta Primavera $11.95
zucchini, asparagus, peas, garlic, parmesan & linguini  
SF

Pan Seared Red Snapper $15.95
fennel, orange, pearl tomatoes, parsley, olive oil  
GF, DF, SF

Half Roasted Chicken $15.95
pickled red onion & saffron sauce  
DF, GF, SF

Roasted Leg Of New Season Lamb W/ Garlic & Rosemary $16.95
salsa verde  
GF, DF, SF

Poached Salmon W/ Nicoise Salad & Aioli $14.95
peruvian potatoes, green beans, kalamata olives, cherry tomato, boiled egg  
SF, DF, GF

Starches:
Mashed Potatoes  
GF, SF

OR

Red Quinoa  
GF, DF, SF

Vegetables:
Roasted Brussell Sprouts  
GF, DF, SF

OR

Ratatouille  
GF, DF, SF

COMPOSED SALADS
Mix and Match Any Three

Chicken Caesar Salad $11.95
chicken, croutons, romaine, parmesan, caesar dressing (contains anchovies)  
SF

Rice Noodle Salad $11.95
pickled vegetables, broccoli, edamame  
DF

Nicoise Salad $11.95
tuna, cherry tomatoes, peruvian potatoes, green beans, kalamata olives, boiled egg  
SF, DF

A LA CARTE ITEMS:
Sandwich Of The Day: Mortadella & Smoked Mozzarella Panini
avocado, tomato, red onion

Soup Of The Day: Butternut Squash W/ Ginger & Coconut
$4 or $5

Chili: Turkey Chili Beans $3.75 or $4.75

VEGETARIAN BAR ITEMS
Mix and match your choice of 3 items

Stir Fried Tofu $10.95
bok choy, portobello mushrooms, bean sprouts  
DF

White Rice $10.95
spring onion & sesame seeds  
DF, GF

Grilled Vegetables $10.95  
GF, DF, SF