TODAY’S MAINS:
Served with a vegetable and starch of the day

Bruin Special: Linguine W/ Shrimp & Creamy Pesto Sauce $13.95
  garlic, pinenuts, basil, olive oil
Roasted Halibut $16.95
  mango & red grape salsa
Chicken & Vegetable Curry $15.95
  ginger, garlic, coconut, cilantro, chili
Grilled Tri-Tip $17.95
  red wine sauce & blue cheese

Poached Salmon W/ Kale, Brussel Sprouts & Avocado $14.95
  blueberries, toasted almonds, green goddess dressing

Starches:
  Herb Roasted Potatoes
  OR
  Steamed Rice W/ Green Peas
Vegetables:
  Swiss Chard
  OR
  Roasted Beets

COMPOSED SALADS
Mix and Match Any Three

Chicken Ceasar Salad $11.95
  romaine, shaved parmesan, ceasar dressing (contains anchovies)
  SF
Caprese Salad $11.95
  vine tomatoes, mozzarella cheese, basil & balsamic
  SF
Smoked Salmon & Kale Salad $11.95
  brussels sprouts, blueberries, avocado, toasted almonds, green goddess dressing
  SF

A LA CARTE ITEMS:

Sandwich Of The Day: Steak Sandwich $13.95
  swiss cheese, bell peppers and onions on french baguette

Soup Of The Day: Broccoli
  $5 or $5.5

Chili: Turkey Chilli Beans $5 or $5.5

VEGETARIAN BAR ITEMS
Mix and match your choice of 3 items

Stuffed Portobello Mushrooms, Spinach & Roasted Pepper $13.95
  topped with halloumi
  GF, SF

Farro W/ Sweet Potatoes $11.95
  DF, SF

Roasted Vegetables $11.95
  GF, DF, SF