TODAY’S MAINS:
Served with a vegetable and starch of the day

Bruin Special: Spaghetti  $11.95
bolognese sauce
GF, SF

Honey And Lemon Glazed Salmon  $15.95
GF, DF, SF

Pan Roasted Chicken  $14.95
mushroom and tarragon sauce
GF, SF

Grilled Hanger Steak  $15.95
roasted peppers, olives, and chimichurri sauce
GF, DF, SF

Cold Poached Salmon  $13.95
roasted vegetable salad
GF, DF, SF

Starches:
Roasted Red Potatoes
GF, DF, SF
OR
Steamed Basmati Rice
GF, DF, SF

Vegetables:
Roasted Carrots
GF, DF, SF
OR
Haricot Vert
GF, DF, SF

COMPOSED SALADS
Mix and Match Any Three

Chicken Caesar Salad  $11.95
grilled chicken breast, romaine lettuce, grated parmesan, croutons, and caesar dressing
(contains anchovies)

Roasted Vegetables  $11.95
kale, zucchini, carrots, beets, roasted pepitas and balsamic vinaigrette
GF

Beef Salad  $11.95
caramelized onions, cherry tomatoes, roasted bell peppers, blue cheese and ranch dressing
GF, SF

A LA CARTE ITEMS:
Sandwich Of The Day: Ruben Sandwich
corned beef, sauerkraut, swiss cheese, thousand island dressing

Soup Of The Day: Tomato And Basil Soup
$ 4 or $ 5
Chili: Turkey Chili  $ 3.75 or $ 4.75

VEGETARIAN BAR ITEMS
Mix and match your choice of 3 items

Curry Vegetables  $10.95
SF

Cardamom Brown Rice  $10.95
GF, DF, SF

Grilled Vegetables  $10.95
GF, DF, SF