Wednesday, February 13, 2019

**TODAY'S MAINS:**

Served with a vegetable and starch of the day

- **Bruin Special: Manacotti** $11.95
  - spinach, ricotta cheese and pomodoro sauce
  - GF, SF

- **Roasted White Fish** $15.95
  - tobiko caviar and champagne cream sauce
  - GF, SF

- **Turkey Milanese** $14.95
  - baby arugula and baby tomatoes
  - SF

- **Beef Tenderloin Stew** $15.95
  - cannellini beans, tomatoes, carrots, celery, onions
  - GF, DF, SF

- **Cold Poached Salmon** $13.95
  - farro and quinoa greek salad
  - GF, SF

**Starches:**
- Mashed Potatoes
  - GF, SF
- OR
- Paprika Rice
  - GF, DF, SF

**Vegetables:**
- Roasted Turnips
  - GF, DF, SF
- OR
- Sauteed Baby Bok Choy
  - GF, DF, SF

**COMPOSED SALADS**

Mix and Match Any Three

- **Chicken Caesar Salad** $11.95
  - grilled chicken breast, romaine lettuce, grated parmesan, croutons and caesar dressing (contains anchovies)
  - SF

- ** Nicoise Salad** $11.95
  - tuna, eggs, capers, red onion, green beans, potatoes, mixed tomatoes, green onions, dijon mustard dressing
  - GF, DF, SF

- **Greek Salad** $11.95
  - bell peppers, onions, cucumbers, garbanzo, kalamata olives, romaine lettuce, feta cheese and lemon dressing
  - GF, SF

**A LA CARTE ITEMS:**

- **Sandwich Of The Day:** Grilled Turkey Panini
  - lettuce, tomato, red onion, avocado and mayonnaise

- **Soup Of The Day:** Creamy Tomato Basil Soup
  - $4 or $5

- **Chili:** Turkey Chili $3.75 or $4.75

**VEGETARIAN BAR ITEMS**

Mix and match your choice of 3 items

- **Stuffed Roasted Eggplant** $10.95
  - green peas, yellow peas, lentil, garbanzo and pomodoro sauce
  - GF, DF, SF

- **Wild Rice** $10.95
  - with herbs
  - GF, DF, SF

- **Grilled Winter Vegetables** $10.95
  - GF, DF, SF